



The Titleist Performance Institute Presents

A

GOLF SWING FLEXIBILITY WORKSHOP

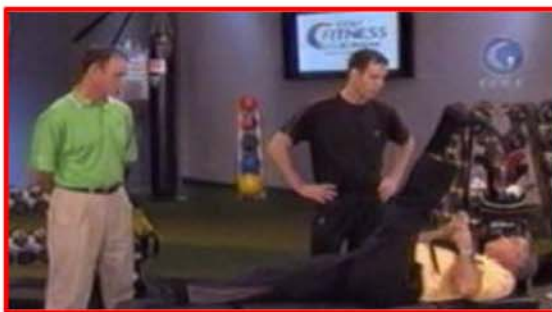
Given By

Roger Fredericks

TPI Advisory Board Member

August 7, 2009

Minneapolis Convention Center, Minneapolis, MN



*"If you really want to help your clients and students, this Workshop is a must! Roger is a Master of Flexibility."
Dr. Greg Rose*

Attn: Golf Professionals - Fitness Instructors - Medical Professionals - Golf Enthusiasts:

- Are your students just too inflexible to do what you want them to do in their golf Swings?
- Would you like to be more effective in teaching your clients to become more flexible?
- Would you like to learn the most effective flexibility protocol to give your students?

If you answered "Yes", then you are invited to attend Roger Fredericks "Golf Swing Flexibility Workshop" in conjunction with TPI on August 7, 2009 at the Minneapolis Convention Center, Minneapolis, MN.

The workshop will cover:

- Flexibility Theory and Why most flexibility programs don't produce effective Results
- How to administer a proper flexibility program to your clients
- A "Hands on" Flexibility Workout

Roger Fredericks, Golf's premier Golf Swing Flexibility Expert, and author of the #1 Best selling Golf Fitness DVD's of all time, has designed a 1 day workshop to help educate Golf Instructors, Fitness Trainers, Medical Professionals and Golf Enthusiasts of all levels, so that you will better comprehend the vital role that flexibility plays in the golf swing motion -

LACK OF FLEXIBILITY IS THE AVERAGE GOLFER'S #1 PROBLEM!

The Workshop fee is \$270 per person. Each workshop participant will also receive a manual/workbook (\$25 book fee), their own copy of Roger's "Secrets to Golf Swing Flexibility" DVD and a stretch rope. Class size is limited! Early registration is recommended.

For more information, call or log-on today:

1.888.304.FLEX www.FredericksGolf.com

760.230.2263 ph - 760.230.6690 fx

These Hall of Famers went to Roger to improve their flexibility - shouldn't you?



Arnold Palmer



Gary Player



Jack Nicklaus



Donna Caponi



Bernhard Langer